

181 Crawford Road - Derby  
PO Box 724 Newport VT 05855  
Phone 802-334-6744 Fax 802-334-7455  
Toll free 800-696-4979

2225 Portland Street  
PO Box 368 St. Johnsbury VT 05819  
Phone 802-748-3181 Fax 802-748-0704  
Toll free 800-649-0118

[www.nkhs.org](http://www.nkhs.org)

November 10, 2020

Town of Charleston  
Town Clerk, Select Board, and Community Members  
5063 VT ROUTE 105  
W CHARLESTON, VT 05872

Dear Select Board and Community Members,

Your financial support to Northeast Kingdom Human Services, Inc. (NKHS) goes directly to care for your community members in need of mental health, addictions, emergency crisis, and/or intellectual/developmental disabilities services. The appropriation request for the 2021 Town Meeting is the same as was voted at the 2020 Town Meeting. This represents 1.11% of appropriation requests from 48 towns.

**Article:** Shall the **Town of Charleston** vote to raise, appropriate and expend the sum of **\$1074** for the support of **Northeast Kingdom Human Services, Inc.**, a not for profit 501(c)(3), to support community members who cannot otherwise afford care to improve their lives through confidential program services for Emergency Services, mental health, addiction, and/or developmental/intellectual disabilities?

This agency met the challenge this past year for accessible supports during the COVID-19 pandemic. As an essential business, NKHS adhered to Vermont's State of Emergency executive order and remained in compliance with Vermont's Department of Health and the Center for Disease Control and Prevention safety guidelines. NKHS was able to adjust by implementing a wider range of telehealth options to keep clients engaged in services. These adjustments included added costs for technology. Not only did NKHS continue providing services and supports to current clients, but the agency also developed additional services for those who experienced the effects of the prolonged and unintended consequences of social isolation, loss of work, or decline in health. Examples were the warm lines made available for free to contact a mental health professional for support.

We know we don't live in a perfect world, and we are doing our best to help people live as best they can, given the realities of their individual circumstances. A summary of how NKHS helped the Northeast Kingdom and the Town of Charleston's community members is included with this letter.

If you need more information, please contact Ruth Marquette at [RMarquette@nkhs.net](mailto:RMarquette@nkhs.net). Thank you very much for your support at Town Meeting!

Sincerely,

Tomasz Jankowski, President and CEO



Serving the NEK  
since 1960

*We're all about being human.*

## **NORTHEAST KINGDOM HUMAN SERVICES, INC. (NKHS) Requesting \$1074 in 2021**

181 Crawford Road – Derby, P. O. Box 724, Newport, VT 05855 ♦ 802-334-6744 or 800-696-4979

2225 Portland Street, P. O. Box 368, St. Johnsbury, VT 05819 ♦ 802-748-3181 or 800-649-0118

Emergency Crisis Line 802-334-6744 – 24 hours a day/7 days a week

NKHS Parent Support Line 802-749-1111, a free community service

[www.nkhs.org](http://www.nkhs.org)

Thank you **Town of Charleston** voters, for your appropriation support last year. Annual appropriations are a vital funding source supporting community members who otherwise cannot afford care to improve their lives through confidential program services for Emergency/Crisis Services, mental health, addiction, and/or developmental/intellectual disabilities. Our mission is to empower individuals, families, and communities by promoting hope, healing, and support.

### **Summary data for July 2019 through July 2020:**

- **3,663** = Total number of individuals of all ages in our service area that utilized support services in the past year.
- **68** = Number of individuals **from the Town of Charleston** who accessed supportive care at Northeast Kingdom Human Services, Inc.
- **Over 100 hours** = Employees provided community consultation, education, and outreach in community meetings, events, and trainings in Northeast Kingdom Human Services offices, area schools, and businesses. Training examples include QPR Gatekeeper and Youth Mental Health First Aid.
- **512** total, **8 from the Town of Charleston** = Dedicated professional employees who support community members in the Derby or St. Johnsbury offices, the satellite office in Hardwick, telehealth during the COVID-19 pandemic, in homes, in schools, and throughout Northeast Kingdom communities.
- **18%** = There was an increase of 18% in unanticipated expenses not reimbursed by the state or other grants for technology, cleaning supplies, and personal protective equipment needed to provide services during the COVID-19 pandemic.

Good mental health is important for everyone. As a Designated Agency serving the Vermont's system of care, NKHS has a responsibility for assuring that a comprehensive range of services are available regardless of an individual's ability to pay. A sliding fee scale is available for those in financial need. Northeast Kingdom Human Services is asking the Town of Charleston voters to consider helping neighbors, family members, and friends receive the supports they need to live a happy, fulfilling life and be an active and contributing member in your community. The 2021 appropriation request of \$1074 is the same amount voted on at the 2020 Town Meeting. This represents 1.11% of appropriation requests from 48 towns.

**Thank you so much for your support!**

Respectfully submitted,

Tomasz Jankowski, DPT, MHA, MBA

President and CEO

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*We're all about being human.*

**Northeast Kingdom Human Services, Inc.**  
**STATEMENT OF ACTIVITIES - Pre Audit**  
**For the Period Ending June 30, 2020**  
**Year-to-Date**

	<b>Total Agency</b>		
	<b>Actual</b>	<b>Budget</b>	<b>Favorable (Unfavorable)</b>
<b>REVENUES:</b>			
Client Fees, net	38,134,650	36,816,440	1,318,210
State grants -			
Grant-in-Aid	1,000,579	922,438	78,141
Agency of Human Services contract	589,370	519,857	69,513
Other state contracts/grants	1,436,197	564,270	871,927
Local revenue	90,495	66,275	24,220
Other revenue	334,996	157,884	177,112
<b>TOTAL REVENUES</b>	<b>41,586,287</b>	<b>39,047,164</b>	<b>2,539,123</b>
<b>EXPENSES:</b>			
Salaries	16,716,501	16,739,001	22,500
Fringe benefits	6,856,043	5,982,950	(873,093)
Other personnel costs	13,042,390	11,428,153	(1,614,237)
Program expenses	758,341	594,921	(163,420)
Operating expenses	1,618,824	1,233,021	(385,803)
Client/Staff transportation	1,014,236	1,210,537	196,301
Building expenses	1,040,691	1,077,638	36,947
Allocation of indirect costs-			
Administration	42,431	0	(42,431)
Maintenance	0	0	0
<b>TOTAL EXPENSES</b>	<b>41,089,457</b>	<b>38,266,221</b>	<b>(2,823,236)</b>
<b>EXCESS (DEFICIT) FROM OPERATIONS</b>	<b>496,830</b>	<b>780,943</b>	<b>(284,113)</b>
<b>NON OPERATING REVENUES:</b>			
Gain (loss) on sale of assets	10,199	0	0
<b>EXCESS (DEFICIT) OF REVENUES OVER EXPENSES</b>	<b>486,631</b>	<b>780,943</b>	<b>(294,312)</b>